

PRE-QUIZ FOR CHAPTER 5

5-1. Which is *not* an example of a mental model as discussed in the chapter and in class?

- a. schemas,
- b. prototypes
- c. relationship schemas or roles
- d. spirals

5-2. According to E.T. Higgins, depression is caused by a discrepancy between one's

- a. same-sex parent and self
- b. ideal self and ego
- c. actual self and ideal self
- d. Collective unconscious and personal unconscious

5-3. Freud's concept of transference suggests that a person uses information learned about a significant person in his or her life, and:

- a. translates the accurate portion of that information into conscious sayings or beliefs about the world
- b. when encountering a new person who overlaps with the original in some limited way, unconsciously generalizes too much information to that new person in an attempt to predict the new person's behavior.
- c. transfers such knowledge to his or her children in a loving, teaching environment
- d. transfers those people's innermost, unexpressed motivations and feelings into his or her own unconscious thoughts.

5-4. Examples of attachment patterns are:

- a. dependent, harmavoidant, infavoidant patterns
- b. intraverted-extraverted, friendly-antagonistic, warm-cold attachments
- c. Type X, Y, & Z attachment
- d. securely/avoidant/anxiously attached

5-5. Constructive thinking involves both:

- a. schematic accuracy and positive coping
- b. adaptive coping and the avoidance of irrational thinking
- c. naïve optimism and realistic pessimism
- d. increased encephalitis and decreased ontogeny.