

PRE-QUIZ FOR CHAPTER 5

- 5-1. Which is *not* an example of a mental model as discussed in the chapter and in class?
- a. schemas,
 - b. prototypes
 - c. relationship schemas or roles
 - d. spirals
- 5-2. According to E.T. Higgins, depression is caused by a discrepancy between one's
- a. same-sex parent and self
 - b. ideal self and ego
 - c. actual self and ideal self
 - d. Collective unconscious and personal unconscious
- 5-3. Freud's concept of transference suggests that a person uses information learned about a significant person in his or her life, and:
- a. translates the accurate portion of that information into conscious sayings or beliefs about the world
 - b. when encountering a new person who overlaps with the original in some limited way, unconsciously generalizes too much information to that new person in an attempt to predict the new person's behavior.
 - c. transfers such knowledge to his or her children in a loving, teaching environment
 - d. transfers those people's innermost, unexpressed motivations and feelings into his or her own unconscious thoughts.
- 5-4. Examples of attachment patterns are:
- a. dependent, harmavoidant, infavoidant patterns
 - b. intraverted-extraverted, friendly-antagonistic, warm-cold attachments
 - c. Type X, Y, & Z attachment
 - d. securely/avoidant/anxiously attached
- 5-5. Constructive thinking involves both:
- a. schematic accuracy and positive coping
 - b. adaptive coping and the avoidance of irrational thinking
 - c. naïve optimism and realistic pessimism
 - d. increased encephalitis and decreased ontogeny.